The premier resource for active Minnesotans age 55 and older

LIVING

MORE

X

Search ...

OCTOBER 16, 2023

UPDATED: OCTOBER 17, 2023 - 10:45 PM

VOICES

HEALTH

Potty Pillow review ► A pillow for your toilet seat?

MINNESOTA GOOD AGE



That is the case with the newly released, Potty Pillow. Created by Minnesotan, Rena Heegaard, the Potty Pillow is for people experiencing dis-

transforms the cold, (typically) hard surface into an ergonomic, supportive backrest. A quick look at the Potty Pillow We received our Potty Pillow to try out this summer. It came in attractive package that gave it a "high-end" feel. Opening up the box, I un-

the back of a toilet seat.



(of course) phone in hand. But, this position is hard on your neck and back. Having a pillow like this offers great support to the lower back / back. While the pillow was designed with those with chronic pain, or back

pain in mind, it is a product that many will appreciate.



I asked a Potty Pillow representative about their initial thoughts, and

hand-washed for a deeper clean.

• The pillow is made from an anti-microbial material, including properties that effectively reduce germs, bacteria, and molds by 99.99%.

• The pillow is water-resistant, so spills and urine don't penetrate

• The pillow is **easy to clean**. You may use your favorite cleaning

spray to wipe down the pillow. The cover can also be removed and

- It's also important to note how seamless it is to install and slip off the toilet seat to use for other purposes. So, for example, you are bathing your child in the bathtub, you could slip the Potty Pillow off, and use it

(but is easy to clean). For anyone looking for extra back support and comfort while "on the

• May need to clean from time-to-time.

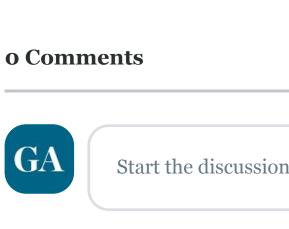
Other uses for the Potty Pillow / Photo provided by Potty Pillow

• Higher cost.

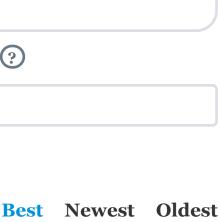
Visit Potty Pillow

BROWSE POTTY PILLOW, PRODUCT REVIEW, RENA HEERGAARD, REVIEW ALSO ON MINNESOTA GOOD AGE

Keep your home safe







Christmas par

22 days ago • 1 comm

During the years I

attending the Univ

Minnesota and wo

1 Login ▼

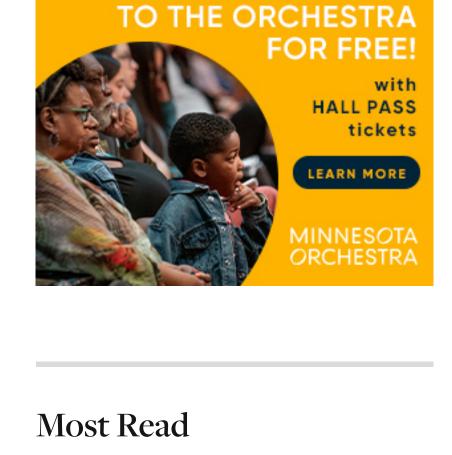
have given

More in Living

Roast chicken with

parsnip purée and

spinach-pear salad



Profiles

Weatherman

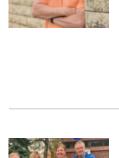
and the sun...

in 2024

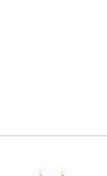
Well, if you...

TAKE YOUR GRANDKIDS

Sure, it's easy to love Dave Dahl now, when the weather is warm



Real Aging Inside Senior Living: First of its kind Minnesota-made docu-series set to air



connect with our families. We see mom, dad... **Finance** Milestone birthdays Happy birthday to you! What do

birthdays mean as we get older?

During the holidays, most of us

Facebook feed... Still having a ball

Wild rice stuffed squash recipe Back to top 1

Calendar

Contribute

Be the first to comment. **DISQUS** ! Do Not Sell My Data The genesis of joint pain

From the Editor A hometown gal Isn't it nice, in this age of presidential tweets and endless Proof that time flies like a grand slam in the World Series: Already it's b...

their products OR offered as a premium accessory. Typically, I'm arms resting on my thighs while on the toilet seat, with

"What if urine gets on the back of it? Or other debris?" "It seems like it might be hard to keep clean."

as cushion for your knees.

Pros • Comfortable. Sanitary. Well-made. Easy to use / install. • Multi-use options.

• Useful, especially if you have lower back pain, other conditions.

Final thoughts

Winning the battle

Start the discussion... **LOG IN WITH** DOG

• Share **A** Privacy

• If you close the toilet cover, it will come in contact with the seat go," the Potty Pillow is as comfortable as it looks. While the product is not "cheap" or cheaply made, it retails for \$99 online. You may also purchase two for \$190. There is 15% off if you sign-up at their website to receive Potty Pillow emails. I think it makes for a fun, and helpful gift to someone in your life who may be an older adult, experiencing chronic pain, recovering from surgery, or experiencing any type of back pain.

Minnesota Good Age staff sometimes reviews products and services to offer our opinions. We are not paid for the reviews – but may receive a product / service from the company or organization. We may earn a commission via some of the links on this page, at no cost to you.

while traveling against winter ... 3 months ago 3 months ago It's that time of year again. Travel offers a wonderful We're getting reminders to reprieve from the pressures get our annual flu shot ... of daily life, but it can be ...

Privacy Policy

comfort in the bathroom due to chronic pain or physical condition, so it provides a more comfortable bathroom experience. The antimicrobial, water-resistant, vegan leather pillow slips onto the toilet seat back. It

wrapped the decorative wrap that enclosed the pillow to find a well-

constructed, leather pillow "cushion". It's immediately apparent how the product is used, with its stretch pocket-backing that fits snugly over

they provided helpful points about the product's specifications.

the surface.

Cons

I'd love to know if you've tried the Potty Pillow and what your thoughts are.

⊠ Subscribe

About Us Advertise Contact Us

© Minnesota Good Age LLC